

REPORT TO: Health and Wellbeing Board

Date of Meeting: 24th November 2015

Report of: Jerry Hawker - Chief Officer, NHS Eastern Cheshire CCG
Simon Whitehouse—Chief Executive, NHS South Cheshire CCG
Kath O'Dwyer – Director of Children's Services, Cheshire East Council

Subject/Title: Local Transformation Plans for Children and Young People's Mental Health and Wellbeing

1 Report Summary

- Health and Wellbeing Board received a paper on 15th September regarding the requirement to develop a Local Transformation Plan for Children and Young People's Mental Health and Wellbeing in order to access additional funding that was available to the Clinical Commissioning Groups (CCGs) to support the delivery of this plan.
- This paper presents the plans, proposes ongoing development and raises issues about the implementation of these plans.

2 Recommendations

- The Health and Wellbeing Board notes the two plans that have been submitted.
- The Health and Wellbeing Board comment on the ambition of the plans and provide a steer for future development.
- The Health and Wellbeing Board delegate further development and implementation of the plans to the Children and Young People's Joint Commissioning Group.
- The Health and Wellbeing Board receives a paper to the January meeting reviewing mental health investment across the Cheshire East system for both children and adults and comparing this to national investment.

3 The submitted Children and Young People's Mental Health Transformation Plan

- NHS Eastern Cheshire Clinical Commissioning Group and NHS South Cheshire Clinical Commissioning Group submitted the local Transformation Plans on 16th October 2015. The two plans can be found in appendix 1 and 2. They are intentionally very similar.
- The plans required sign-off by a representative of the Health and Wellbeing Board. As agreed, in September meeting, Janet Clowes (Chair of Health and Wellbeing Board) provided this sign-off.
- South Cheshire CCG and East Cheshire CCG both received letters from NHS England on 9th November. This asks them to review two specific elements around eating disorder services and engagement and partnership. However, these elements are considered easy to adjust and therefore the CCG will receive their allocated transformation funding in the November allocation.
- It is recommended that the Health and Wellbeing Board notes the two plans that have been successfully assured.

4 Future development of the Transformation Plans

- NHS England recognised that the timescales to develop plans were tight and that local areas will be at different development stages. Therefore there is an expectation that Transformation Plans will be living documents and that we will review and continue to develop the plans and we will need to embed these in year and within the mainstream planning process from 2016/17 onwards. Therefore although the plans have already been submitted any challenge from the Health and Wellbeing Board can be addressed in future iterations.
- It is recommended that the Health and Wellbeing Board comment on the ambition of the plans and provide a steer for future development.
- The main authors of the plan are all represented on the Children and Young People's Commissioning Group. The draft plans were presented to and discussed at this groups meeting on 24th September. Therefore it is recommended that responsibility is delegated to this group for the further development of the plans and oversight of the implementation. The Children and Young People's Commissioning Group is a sub-group of the Children's Trust Board and the Joint Commissioning Leadership Team, both which report to the Health and Wellbeing Board.
- It is recommended that the Health and Wellbeing Board delegate further development and implementation of the plans to the Children and Young People's Joint Commissioning Group.

5 System wide investment in mental health

This is an ambitious plan and the full extent of resources needed to deliver it have not been fully assessed. The additional money that has been allocated to the CCGs will facilitate the implementation of specific actions. As a system we need to consider how all actions in the plan will be resourced.

Nationally, a campaign has recently been launched calling for an increase in funding for mental health services.¹ The 2015 Manifesto for Better Mental Health², published by the Mental Health Policy Group states that

- nationally funding for mental health services has been cut in real terms for three years in a row.
- mental health problems account for 23% of the total burden of disease.
- only 13% of NHS expenditure is invested in mental health.

Preliminary data suggests that the picture for Cheshire East is similar to the national picture.

The proportion of mental health investment invested in children and young people is also worth exploring. Every CCG is required to publish the Children and Young People's Mental Health Transformation Plans. Each plan is required to include a description of current investment in children and young people's mental health. Therefore once these are published it will be possible to collate this data and understand the national picture of investment in children and young people's mental health and how we benchmark in Cheshire East.

It is recommended that the Health and Wellbeing Board receives a paper to the January meeting reviewing mental health investment across the Cheshire East system for both children and adults and comparing this to national investment.

The background papers relating to this report can be inspected by contacting the report writer:

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¹ <http://www.bbc.co.uk/news/health-34676799>

² A Manifesto for Better Mental Health (The Mental Health Policy Group, 2015)